



Tanning Tips...

Before your tan...

- It's extremely important that you moisturise your skin regularly on the lead up to your tan (especially your feet). If tan is applied to dry skin, it may grab to those areas thus making them darker and may result in an uneven tan.
- Exfoliate your skin the night before - this promotes even coverage and lengthens the duration of your tan by removing dead skin that would otherwise flake off. We recommend a natural based exfoliant like our Body Smoother – please ensure you steer clear of exfoliants that contain salt or sugar as they are very harsh and can dry out the skin.
- Avoid wearing make-up and moisturiser (apart from on the areas listed below) on the day of your tan - they act as a barrier to the tan and stop the process from working properly.
- Shave/wax the day before your tan
- Apply moisturiser to your hands, wrists, elbows, knees and feet before applying the tan

Maintaining your tan...

- Wait at least 8-12 hours after tanning before taking a shower. We recommend the use of a gentle soap like our Aroma or Tropical Lathers or the reverse of the Buffa Bar, which will not strip or fade your tan.
- Apply a moisturiser like our Tropical Body Soufflé or Body Cocoon morning and evening after your post-tan shower - avoid moisturisers with AHA because they promote exfoliation, or high levels of alcohol as they may actually dry out your skin. The more you moisturise, the longer your tan will last!
- Avoid long hot showers and baths, and scrubbing the skin excessively.
- Pat your skin dry after bathing or showering.
- The use of chlorinated pools or spas will shorten the duration of your tan.
- Excessive sweating will shorten the duration of your tan.